



**Nutri-West Coastal Plains and Georgia Chiropractic Association
present:**

Dr. Lynn Toohey, PhD
for the **GCA Spring Convention**
Saturday June 8, 2024
2:30 pm – 5:30 pm



Eat/Supplement/Exercise/Adjust for your Genes!



Come discover the nutrition for Longevity (quantity of life) & Bones (quality of life). Explore genetic connections to health and the epigenetic (above genes) influences on those genes (nutrition, exercise, adjusting)



***Bring Out the Best in your
DNA for Longevity/Bones!***

Includes optimal health protocols
for gene SNPS (variations)!



EAT & SUPPLEMENT for your GENES!

GCA Speaker: Lynn Toohey, PhD (Nutrition)

June 8, 2024 - 2:30pm – 5:30pm

DeSoto in Savannah, GA



Speakers



DeFabio



Hudson



Toohey



Villines



Wheatley



Yochum

D.C. Classes

FRIDAY, JUNE 7

8 AM to 12 PM
Clinical Science (4 Hours)
 Donald DeFabio, D.C.
 Relevant Rehab: The Essentials of Low Back Rehab: A Multimodal Approach to Active Care.

1 PM to 5 PM
Clinical Science (4 Hours)
 Donald DeFabio, D.C.
 Relevant Rehab: The Essentials of Low Back Rehab: A Multimodal Approach to Active Care.

SATURDAY, JUNE 8

8 AM to 12 PM
Risk Management (4 Hours)
 Kristi Hudson
 Business Ethics: Chiropractic Issues and Case Studies; It's Not Okay: How to Address Sexual Harassment.

12 PM to 1 PM
Jurisprudence: Georgia Law (1 Hour)
 Aubrey Villines, Jr., JD
 Overview of rules and regulations of the Georgia Board of Chiropractic Examiners.

2:30 PM to 5:30 PM
Clinical Science (3 Hours)
 Lynn Toohey, Ph.D.
 Epigenetic Nutrition for Longevity and Bones- "Eating, Supplementing, Exercising and Adjusting for your Genes."

SUNDAY, JUNE 9

8 AM to 12 PM
Clinical Science (4 Hours)
 Alicia Yochum, D.C.
 From Biomechanics to Red Flags.

C.A. Classes

C.A.s will join D.C.s for Risk Management and Georgia Law.

SATURDAY, JUNE 8

2:30 PM to 5:30 PM
X-Ray Positioning
 Audrey Wheatley
 If you just want to brush up on your skills or you are a new C.A., join us for an afternoon of fun.

SUNDAY, JUNE 9

8 AM to 10 AM
Roundtable Discussion
 Audrey Wheatley
 C.A.s, do you have questions? Let's discuss! This session allows all our C.A.s to be able to ask questions and discuss with other C.A.s.

10 AM to 12 PM
Team Building
 Audrey Wheatley
 Building good relationships in the workplace. This class will show the C.A. how to build and sustain relationships with coworkers.

NUTRI-WEST COASTAL PLAINS
888-404-3154 / 912-428-7334
Email: nutriwestcoastalplains@gmail.com